

3 - 5 YEARS CLASS	WHAT WEEK ARE WE ON?	6 YEARS + CLASSES ONWARDS
FOUNDATIONS WEEK Let's build strong and confident gymnasts	WEEK 1 04/09/24 & 06/09/24	FOUNDATIONS WEEK Let's build strong and confident gymnasts
BRIDGES WEEK 	WEEK 2 11/09/24 & 13/09/24	WALKOVER WEEK 
FORWARD ROLL WEEK	WEEK 3 18/09/24 & 20/09/24	FRONT SOMERSAULT WEEK
CARTWHEELS WEEK 	WEEK 4 25/09/24 & 27/09/24	AERIALS WEEK 
HANDSTANDS WEEK	WEEK 5 02/10/24 & 04/10/24	HANDSTANDS WEEK
FRONT HANDSPRING WEEK	WEEK 6 09/10/24 & 11/10/24	FRONT HANDSPRING WEEK
PROGRESS AWARDS WEEK Did someone say that certificates are coming??? Don't miss this one!	WEEK 7 16/10/24 & 18/10/24	PROGRESS AWARDS WEEK Did someone say that certificates are coming??? Don't miss this one!
FUN WEEK SPPOKY DRESS UP TIME!	WEEK 8 23/10/24 & 25/10/24	FUN WEEK SPPOKY DRESS UP TIME!
CAMP TIME	HALF TERM W/C 27/10/24	CAMP TIME
FLEXIBILITY WEEK 	WEEK 9 06/11/24 & 08/11/24	FLEXIBILITY WEEK 
BACK HANDSPRING WEEK	WEEK 10 13/11/24 & 15/11/24	BACK HANDSPRING WEEK
JUMPS AND LANDINGS WEEK	WEEK 11 20/11/24 & 22/11/24	JUMPS AND LANDINGS WEEK
BACKWARDS ROLLS WEEK 	WEEK 12 27/11/24 & 29/11/24	BACK SOMERSAULTS WEEK
FAVOURITE SKILL WEEK 	WEEK 13 04/12/24 & 06/12/24	FAVOURITE SKILL WEEK
OPEN SESSION WEEK 	WEEK 14 11/12/24 & 13/12/24	OPEN SESSION WEEK 
ONESIE WEEK 	WEEK 15 18/12/24 & 20/12/24	ONESIE WEEK