

# AUTUMN

3 - 5 YEARS CLASS	WHAT WEEK ARE WE ON?	6 YEARS + CLASSES ONWARDS
<b>FOUNDATIONS WEEK</b> Let's build strong and confident gymnasts	<b>WEEK 1</b> 05/09/24	<b>FOUNDATIONS WEEK</b> Let's build strong and confident gymnasts
<b>BRIDGES WEEK</b> 	<b>WEEK 2</b> 12/09/24	<b>WALKOVER WEEK</b> 
<b>FORWARD ROLL WEEK</b>	<b>WEEK 3</b> 19/09/24	<b>FRONT SOMERSAULT WEEK</b>
<b>CARTWHEELS WEEK</b> 	<b>WEEK 4</b> 26/09/24	<b>AERIALS WEEK</b>
<b>HANDSTANDS WEEK</b>	<b>WEEK 5</b> 03/10/24	<b>HANDSTANDS WEEK</b> 
<b>FRONT HANDSPRING WEEK</b>	<b>WEEK 6</b> 10/10/24	<b>FRONT HANDSPRING WEEK</b>
<b>PROGRESS AWARDS WEEK</b> Did someone say that certificates are coming??? Don't miss this one!	<b>WEEK 7</b> 17/10/24	<b>PROGRESS AWARDS WEEK</b> Did someone say that certificates are coming??? Don't miss this one!
<b>FUN WEEK</b> SPPOKY DRESS UP TIME! 	<b>WEEK 8</b> 24/10/24	<b>FUN WEEK</b> SPPOKY DRESS UP TIME! 
<b>CAMP TIME</b>	<b>HALF TERM</b> W/C 27/10/24	<b>CAMP TIME</b>
<b>FLEXIBILITY WEEK</b> 	<b>WEEK 9</b> 07/11/24	<b>FLEXIBILITY WEEK</b> 
<b>BACK HANDSPRING WEEK</b>	<b>WEEK 10</b> 14/11/24	<b>BACK HANDSPRING WEEK</b>
<b>JUMPS AND LANDINGS WEEK</b>	<b>WEEK 11</b> 21/11/24	<b>JUMPS AND LANDINGS WEEK</b>
<b>BACKWARDS ROLLS WEEK</b> 	<b>WEEK 12</b> 28/11/24	<b>BACK SOMERSAULTS WEEK</b>
<b>FAVOURITE SKILL WEEK</b>	<b>WEEK 13</b> 05/12/24	<b>FAVOURITE SKILL WEEK</b>
<b>OPEN SESSION WEEK</b> 	<b>WEEK 14</b> 12/12/24	<b>OPEN SESSION WEEK</b>
<b>ONESIE WEEK</b> 	<b>WEEK 15</b> 19/12/24	<b>ONESIE WEEK</b>