

3 - 5 YEARS CLASS	WHAT WEEK ARE WE ON?	6 YEARS + CLASSES ONWARDS
FOUNDATIONS WEEK Let's build strong and confident gymnasts	WEEK 1 07/09/24	FOUNDATIONS WEEK Let's build strong and confident gymnasts
BRIDGES WEEK 	WEEK 2 14/09/24	WALKOVER WEEK 
FORWARD ROLL WEEK	WEEK 3 21/09/24	FRONT SOMERSAULT WEEK
CARTWHEELS WEEK 	WEEK 4 28/09/24	AERIALS WEEK 
HANDSTANDS WEEK	WEEK 5 05/10/24	HANDSTANDS WEEK
FRONT HANDSPRING WEEK	WEEK 6 12/10/24	FRONT HANDSPRING WEEK
PROGRESS AWARDS WEEK Did someone say that certificates are coming??? Don't miss this one!	WEEK 7 19/10/24	PROGRESS AWARDS WEEK Did someone say that certificates are coming??? Don't miss this one!
FUN WEEK SPPOKY DRESS UP TIME!	WEEK 8 26/10/24	FUN WEEK SPPOKY DRESS UP TIME!
CAMP TIME	HALF TERM W/C 27/10/24	CAMP TIME
FLEXIBILITY WEEK 	WEEK 9 09/11/24	FLEXIBILITY WEEK 
BACK HANDSPRING WEEK	WEEK 10 16/11/24	BACK HANDSPRING WEEK
JUMPS AND LANDINGS WEEK	WEEK 11 23/11/24	JUMPS AND LANDINGS WEEK
BACKWARDS ROLLS WEEK 	WEEK 12 30/11/24	BACK SOMERSAULTS WEEK
FAVOURITE SKILL WEEK 	WEEK 13 07/12/24	FAVOURITE SKILL WEEK
OPEN SESSION WEEK 	WEEK 14 14/12/24	OPEN SESSION WEEK 