

AUTUMN

THAMES DITTON

2ND SEPTEMBER - 16TH DECEMBER 20

3 - 5 YEARS **CLASS**

WHAT WEEK ARE WE ON?

6 YEARS + **CLASSES ONWARDS**

FOUNDATIONS WEEK

WEEK 1 02/09/24

FOUNDATIONS WEEK

BRIDGES WEEK



WEEK 2

WALKOVER WEEK

FORWARD ROLL WEEK



WEEK 3 16/09/24



FRONT SOMERSAULT WEEK

CARTWHEEELS WEEK



WEEK 4 23/09/24

AERIALS WEEK

HANDSTANDS WEEK

WEEK 5 30/09/24

HANDSTANDS WEEK

FRONT HANDSPRING WEEK

WEEK 6 07/10/24

FRONT HANDSPRING WEEK

PROGRESS AWARDS WEEK

WEEK 7 14/10/24



PROGRESS AWARDS WEEK

FUN WEEK

WEEK 8 21/10/24 **FUN WEEK**

CAMP TIME

CAMP TIME

HALF TERM W/C 27/10/24

FLEXIBILITY WEEK



WEEK 9

04/11/24

FLEXIBILITY WEEK

BACK HANDSPRING WEEK



WEEK 10 11/11/24

BACK HANDSPRING WEEK

JUMPS AND LANDINGS WEEK

WEEK 11 18/11/24 JUMPS AND LANDINGS WEEK



WEEK 12 25/11/24

BACK SOMERSAULTS WEEK

FAVOURITE SKILL WEEK

WEEK 13 02/12/24

FAVOURITE SKILL WEEK

OPEN SESSION WEEK



OPEN SESSION WEEK

ONESIE WEEK



WEEK 15 16/12/24

ONESIE WEEK

