

WORCESTER PARK SCHEDULE

Classes held: Monday - Saturday

3-6 YEARS CLASS

WEEK

6+ YEARS CLASS

BALANCES

06/01/25 **16** 06/01/25

BALANCES

HANDSTANDS

13/01/25 **17** 13/01/25

HANDSTANDS

BACK HANDSPRINGS

20/01/25 **18** 20/01/25

BACK HANDSPRINGS

CARTWHEELS

27/01/25 **19** 27/01/25

AERIALS

PROGRESS AWARDS
*ROUTINE WEEK FOR ADVANCED CLASSES

03/02/25 **20** 03/02/25

PROGRESS AWARDS
ROUTINE WEEK FOR ADVANCED CLASSES*

FUN WEEK

10/02/25 **21** 10/02/25

FUN WEEK

REMINDER: NO CLASSES ON TUESDAY OR THURSDAY THIS WEEK

6 JANUARY **2025** **SPRING** **TERM** **2025** **MARCH 31**



GOOD LIFE GYMNASTICS

CAMP TIME **HALF TERM** **CAMP TIME**
17/02/25

FRONT HANDSPRINGS

24/02/25 **22** 24/02/25

FRONT HANDSPRINGS

REMINDER: NO CLASSES ON WEDNESDAY THIS WEEK

FORWARD ROLLS

03/03/25 **23** 03/03/25

FRONT SOMERSAULTS

REMINDER: NO CLASSES ON WEDNESDAY THIS WEEK

BACKWARDS ROLLS

10/03/25 **24** 10/03/25

BACK SOMERSAULTS

OPEN SESSION

17/03/25 **25** 17/03/25

OPEN SESSION

REMINDER: PARENTS WELCOME TO STAY & WATCH

FAVOURITE SKILLS

24/03/25 **26** 24/03/25

FAVOURITE SKILLS

REMINDER: NO CLASSES ON FRIDAY THIS WEEK

FUN WEEK

31/03/25 **27** 31/03/25

FUN WEEK